

Welcome to
Kindergarten!

2026-2027
ACADIA SCHOOL

WELCOME TO ACADIA!

- ▶ Principal - Mrs. Lisa Bartel
 - ▶ labartel@cbe.ab.ca
 - ▶ 403-777-8440
- ▶ Assistant Principal – Mrs. Lesley-Anne Hatch
 - ▶ lhatch@cbe.ab.ca
 - ▶ 403-777-8440
- ▶ School Secretary – Mrs. Vanessa Sadler
 - ▶ vssadler@cbe.ab.ca
 - ▶ 403-777-8440
- ▶ Kindergarten Teacher - Mrs. Jen Arruda
 - ▶ jaarruda@cbe.ab.ca
 - ▶ 403-777-8440

ACADIA SCHOOL COUNCIL

▶ President: Loretta MacQuarrie

Contact the School Council

Email: acadiaschoolcouncil@gmail.com

Facebook: [Acadia School Parent Council](#)

ADVENTURES CHILDCARE



Ricardo Choo-Yin
Alexis Jenkinson

Acadia Program

403 478 5544

acadia@adventureschildcare.ca

<http://www.adventureschildcare.ca>

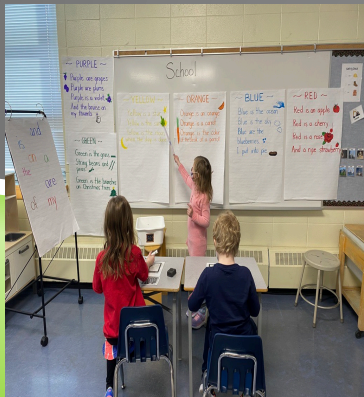
KINDERGARTEN PROGRAM

► Kindergarten is a special time in your child's life.

At this age, children start to explore the world, build confidence, make friends, and learn how to make choices. Kindergarten helps your child grow socially, emotionally, and academically, while getting them ready for Grade One.

► In Kindergarten, we learn through play!

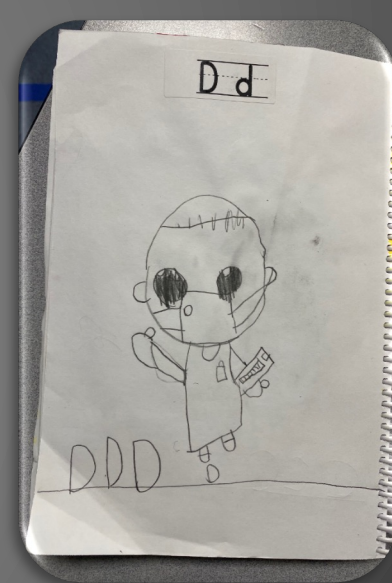
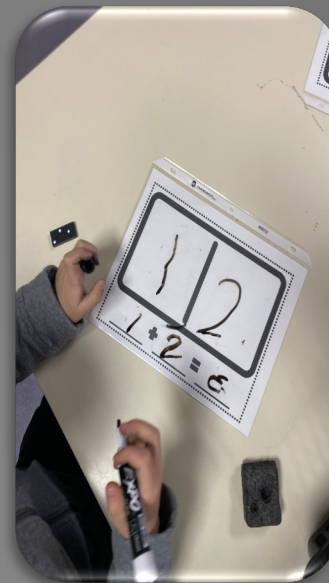
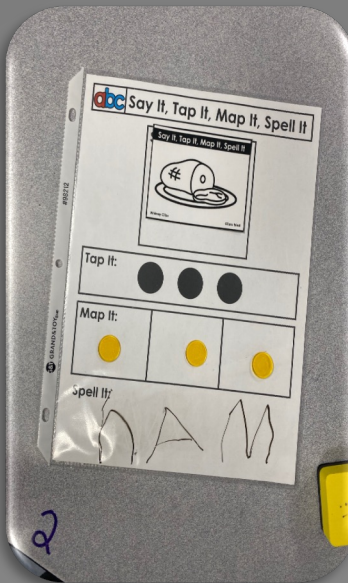
Play is how young children learn best. When they play, they learn to talk with others, make friends, move their bodies, follow rules, and use their imagination. Our program includes hands-on and play-based activities that help children build important skills in a fun and supportive way.



EARLY LITERACY AND NUMERACY

- ▶ The kindergarten curriculum emphasizes the development of early literacy skills, particularly through phonological and phonemic awareness. A strong focus is placed on building oral language, which serves as the foundation for future reading and writing success. Both literacy and numeracy outcomes are supported through a blend of explicit instruction and thoughtfully planned play-based learning centers, recognizing that purposeful play is essential to young children's development.

Please check out the New LearnAlberta Curriculum
<https://curriculum.learnalberta.ca/home/en>



KINDERGARTEN HOURS

Entry and exit for Kindergarten are through the main doors

▶ AM KINDERGARTEN

▶ MONDAY-THURSDAY 8:00AM – 10:55AM

▶ PM KINDERGARTEN

▶ MONDAY-THURSDAY 11:35AM - 2:30PM

▶ ALTERNATING FRIDAYS 8:00am-12:00pm

- ▶ Please refer to the Acadia School Calendar in your information package
- ▶ The calendar will also be available online on the Acadia School Website
- ▶ Please look carefully as there are also Friday PD days and No School days that affect the alternating Fridays too.



TRANSPORTATION



- ▶ **There will NO mid-day bus for our kindergartens. It is the responsibility of the parent to provide mid-day transportation for their child.**
- ▶ This means kindergarten students are only able to take the bus one way; either in the morning or at the end of the school day.
- ▶ For those families who need alternate care due to transportation issues one option is the Adventures Child Care program, which is housed within Acadia School and offers subsidized childcare services to all our Acadia School students including those in Kindergarten. You can contact Adventures Childcare at 403-478-5509 to check their availability.

GETTING READY FOR THE FIRST DAY

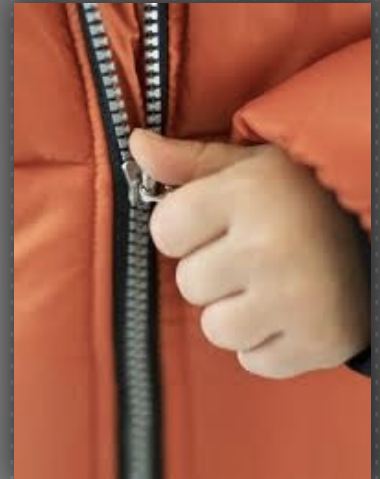
The first day of school can be overwhelming!

You can prepare for this transition by:

- ▶ Encouraging independence
 - ▶ Putting on and taking off outer wear, practice zipping up your coat, hanging up clothes, using the bathroom on their own, putting away toys or materials they have used, helping out around the house
- ▶ Taking a walk to the school/play on the playground
- ▶ Talking with your child
 - ▶ Talk about everyday activities, read together, sing, play games and explain that it's okay to make mistakes
- ▶ Developing Bedtime & Morning Routines
 - ▶ 4-5 year olds need 10-12 hours of sleep each night, they need enough time in the morning to wake up, eat a healthy breakfast, and get ready for school without rushing

EXPLORE MATERIALS

THIS SUMMER TAKE TIME TO EXPLORE WITH SOME OF THESE



Most importantly, encourage Independence



WHAT TO BRING

- ▶ Make sure your child has:
 - ▶ A standard sized child's backpack (small backpacks do not fit notices or home reading bags)
 - ▶ Indoor Shoes (Velcro or Slip On Only Please)
 - ▶ Healthy Snack
 - ▶ Students have about 10-15 minutes to eat so be careful not to pack too much
 - ▶ Please make sure your child can open all their snacks independently
 - ▶ Please be mindful of nut allergies when packing your snack
 - ▶ Water only
 - ▶ LABEL EVERYTHING
 - ▶ Write your child's name on their clothing, shoes, lunch kit and backpack



ADDITIONAL RESOURCES

- ▶ New Learn Alberta: <https://curriculum.learnalberta.ca/home/en>
- ▶ The Calgary Public Library- Top Tips for Kindergarten Readiness*:
<https://calgarylibrary.ca/library-news/kitchen-table-classroom-kindergarten-readiness/>
- ▶ The Calgary Public Library- Kindergarten Booklist:
https://calgary.bibliocommons.com/list/share/393767397_calgarylibrary_kids/1859193931_books_to_get_ready_for_kindergarten?_ga=2.167944481.1601611572.1619640025-939542020.1599601380
- ▶ I'm Ready for Screens- Parent Resource:
https://banff.ca/DocumentCenter/View/11018/ImReadyForScreens_English
- ▶ *Developed in collaboration with the CPL, Calgary Board of Education and the Calgary Catholic School Division