

## Join the Calgary AfterSchool Program

## **CAS Connects Virtual Program**

Our **FREE** virtual program will focus on improved self-control, self-regulation, constructive use of time, positive peer relationships and social skills with positive adult role models and mentors.

Program Kits for At Home Virtual Fun and Learning will be provided monthly and they will provide participants the ability to engage in a variety of interactive, fun and skill development opportunities.

## **Dates and Times**

Group 1: Monday & Wednesday 5:00-6:00pm

Group 2: Monday & Wednesday 6:00pm-7:00pm

Group 3: Tuesday and Thursday 5:00-6:00pm

Group 4: Tuesday and Thursday 6:00-7:00pm

(October 2<sup>nd</sup>, 2023 – May 16<sup>th</sup>, 2024)

Please note: Participants will attend one group session time daily.

Monday and Wednesday or Tuesday and Thursday\*

**Ages:** 6 – 12